Isolation of Triterpenes from Propolis (Bee Glue)
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Abstract] Propolis (bee glue) is a natural substance produced by bees upon collection of mainly plant resins. Bees use it as antiseptic sealing agent between honeycombs and to preserve the hive from external contamination. Numerous scientific studies have been published on the biological properties of propolis including its anti-inflammatory, anti-oxidant, immunostimulant, antitumour and antimicrobial activity. Different propolis chemotypes have been characterised based on the nature of the plant-derived substances present and the geographical origin of collection. Here, we describe the isolation of nine triterpenes from a sample of propolis originating from North-Western Cameroon. All compounds were identified following analysis of their spectroscopic data and comparison with previously published reports.

Materials and Reagents

1. TLC silica gel 60 F254 plates (VWR International, catalog number: 1.05554.0001)
2. Wilmad® NMR tubes 5 mm diam., precision (Sigma-Aldrich, catalog number: Z274275)
4. Raw propolis (Nature’s Laboratory Ltd, catalog number: P5)
5. Ethanol 96% v/v (extra pure, Specified Laboratory Reagent) (Thermo Fisher Scientific, catalog number: 10162252)
9. Silica gel 60 (0.063–0.200 mm) (VWR International, catalog number: 1.07734.1000)
10. Silica gel 60H (VWR International, catalog number: 1.07736.1000)
11. 98% p-Anisaldehyde (Sigma-Aldrich, catalog number: A88107)
15. Sephadex® LH-20 (Sigma-Aldrich, catalog number: LH20100)
16. α-Amyrin (Sigma-Aldrich, catalog number: 53017)
17. Cycloartenol (Sigma-Aldrich, catalog number: 08172)
18. Lupeol (Sigma-Aldrich, catalog number: S957712)
20. Chloroform-d (CDCl3) (Sigma-Aldrich, catalog number: 10080130)
21. Anisaldehyde-sulphuric acid reagent (see Recipes)

Equipment

2. Büchi rotary evaporator, Rotavapor® R-210 (VWR International, catalog number: 531-0850)
3. UV viewing cabinet CC10 (Thermo Fisher Scientific, Fisher Scientific, catalog number: 11778201)
4. UV lamp UVG-11 230 V 50/60 Hz 4 W hand held short wave (Thermo Fisher Scientific, Fisher Scientific, catalog number: 11718241)
5. UV lamp UVL-21 230 V 50/60 Hz 4 W hand held long wave (Thermo Fisher Scientific, Fisher Scientific, catalog number: 11728241)
6. Analytical balance (VWR International, catalog number: 611-2267)
7. Precision balance (VWR International, catalog number: 611-2695)
8. Vacuum water jet pump (VWR International, catalog number: 181-9100)
9. Pear-shaped (separating) funnel (1,000 ml) (Scientific Glass Laboratories, catalog number: SFP1L)
10. Round bottom flasks, 250 ml (Total number of 12) (Scientific Glass Laboratories, catalog number: FRS250/B19 or FRS250/B24)
11. Glass foot measuring cylinder with hexagonal base, borosilicate glass, class “B” (25 ml and 250 ml) (Scientific Glass Laboratories, catalog number: MCB/25 and MCB/250)
12. Conical Erlenmeyer flasks (500 ml) (Scientific Glass Laboratories, catalog number: FC500/B24)
13. Filter funnels, borosilicate (Scientific Glass Laboratories, catalog number: BFF75 and BFF100)
14. Rubber vacuum tubing NW8 (VWR international, catalog number: 189.3111)
15. Glass Pasteur pipettes 150 mm (Thermo Fisher Scientific, Fisher Scientific, catalog number: 10006021)
17. Glass micropipettes (homemade from glass Pasteur pipettes 230 mm using a Bunsen burner)
18. Büchner filter with cone and thread, GL14, for vacuum liquid chromatography (VLC) (Scientific Glass Laboratories, catalog number: TBF/4/B24/POR3)
20. Glass atomiser reagent sprayer (VWR International, catalog number: 552-0031)
21. Glass chromatography columns (CC) with sintered discs (Scientific Glass Laboratories, catalog number: R2/40)
22. Duratool DO1600 hot air heat gun (Amazon)
23. Whatman qualitative filter paper, grade 1 (Sigma-Aldrich, catalog number: WHA1001125)
24. Exactive Orbitrap mass spectrometer (MS) operating in a positive and negative electrospray ionisation (ESI) switching mode (Thermo Fisher Scientific)
25. JEOL 505HA high resolution electron impact (HREI) mass spectrometer (MS) using direct probe at elevated temperature (110~160 °C) at 70 eV (JEOL USA)
26. JEOL Lambda Delta 400 NMR spectrometer (JEOL USA, model: JEOL Nuclear Magnetic Resonance Spectrometers)

Software

1. Xcalibur software (version 2.2) for MS data processing (Thermo Fisher Scientific, model: Xcalibur software)
2. Mestre Nova (MNova) software (version 8.0.0) for NMR processing (Mestrelab Research SL, model: version 8.0.0)

Procedure

1. The whole procedure described below takes around 6 weeks to complete. All steps are done at room temperature (20-25 °C) unless otherwise stated. Weigh propolis (ca. 50 g) in a conical Erlenmeyer flask then add 70% ethanol in water (500 ml) to the flask.
2. Place the flask in the ultrasonic water bath on high for 1 h at 60 °C.
3. Recover the supernatant into a second conical Erlenmeyer flask and re-extract the raw material left-over in the original flask using fresh 70% ethanol (500 ml) as in step 2. Repeat this process 10 times and combine all supernatants.
4. Filter the pooled supernatants into a round-bottom flask using a glass filter funnel overlaid with filter paper. Discard the insoluble material (brown solid) remaining on the
filter paper. The filtered extract is a clear amber solution. Keep this filtered extract in a fridge at 4 °C.

5. Concentrate the filtered extract in the round-bottom flask to dryness under reduced pressure at ≤40 °C using a rotary evaporator. To achieve this, adjust the water bath to 60 °C and apply a vacuum of 175 mbar. Complete evaporation will occur in around 30 min.

6. Add distilled water (250 ml) and pure (96%) ethanol (25 ml) to the dried extract to obtain a suspension.

7. Place a separating funnel onto a metallic stand (Figure 1), close its stopcock and slowly pour the suspension into the separating funnel.

8. Add hexane (250 ml) to the separating funnel.

9. Hand-shake the funnel gently several times. Remove the top stopper, then allow for the solvents to settle until into two immiscible phases. Recover the aqueous phase (bottom layer) and the hexane phase (top layer) in separate Erlenmeyer flasks. Do this by slowly opening the stopcock and closing it just before the curved meniscus between the two liquids reaches the stopcock.

10. Place the aqueous phase back inside the separating funnel.

11. Repeat steps 8 and 10 twice using fresh hexane.

12. Add ethyl acetate (250 ml) to the funnel and repeat steps 9 to 10 (the aqueous phase is the bottom layer and the ethyl acetate phase is the top layer).

13. Repeat step 12 twice using fresh ethyl acetate.

14. Sprinkle some anhydrous sodium sulfate into the recovered hexane and the ethyl acetate phases and gently manually rotate the Erlenmeyer flasks to observe if the cloudiness (i.e. residual water droplets) disappears. Continue sprinkling sodium sulphate and rotating the flasks until the liquids are completely clear.

15. Filter each organic phase into a round-bottom flask using a glass filter funnel overlaid with filter paper. Discard the insoluble material (sodium sulfate) remaining on the filter paper. The filtered extracts are clear solutions; concentrate them to dryness under reduced pressure at ≤40 °C using a rotary evaporator. To achieve this, adjust the water bath to 60 °C and apply a vacuum of 335 mbar (hexane) or 240 mbar (ethyl acetate). Complete evaporation will occur in around 20 min.

16. Store the hexane and the ethyl acetate extracts at −20 °C.

17. Dissolve a portion (5 to 10 g) of the hexane extract in 10 ml of a suitable solvent (e.g. dichloromethane, ethyl acetate and/or hexane) and mix with silica gel 60 (3 g). Leave the mixture to dry on a bench at 20-25 °C. A free-flowing and completely dried powder is usually obtained overnight.

18. Connect the Büchner filter for VLC to a vacuum water jet pump and pack it with silica gel 60 H. Leave a space (ca. 3 cm) above the compacted layer of silica layer so as to accommodate the sample and an appropriate volume of solvent. Allow hexane to pass through the column under vacuum to check the uniformity of the column.
19. Slowly and uniformly spread the powder prepared in step 17 as a thin layer (ca. 1 cm) directly on to the top of the packed VLC column. Carry out the elution with hexane-ethyl acetate mixtures of increasing polarity (starting with 100% hexane, hexane/ethyl acetate 95:5, 9:1, 85:15, 8:2, 7:3, 6:4, 1:1, 4:6, 25:75, 3:7, 2:8, 1:9 and lastly 100% ethyl acetate). Add a defined volume of solvent (ca. 300 ml) to the top of the VLC column each time and apply vacuum until the column dries up (Figure 2) (Coll and Bowden, 1986; Pelletier et al., 1986). Collect each fraction in a round-bottomed flask and concentrate to dryness under reduced pressure at ≤ 40 °C using a rotary evaporator. To achieve this, adjust the water bath to 60 °C and apply a vacuum of 240 mbar. Complete evaporation will occur in around 20 min.

20. Dissolve an aliquot of each fraction (ca. 5-10 mg) in dichloromethane (ca. 5 ml). Use a glass micropipette to apply 5-10 spots of each fraction as bands ca. 1 cm above the bottom edge of a thin layer chromatography (TLC) silica gel plate (Figure 3A).

21. Place a filter paper inside a TLC chamber and pour a mixture (20 ml) of hexane/ethyl acetate (8:2, v/v) into the chamber. Leave the solvent in the chamber for 30 min at room temperature (20 °C-25 °C) to help reach solvent saturation. Pour a mixture (20 ml) of hexane/ethyl acetate (7:3, v/v) into second TLC chamber. Place the spotted TLC plates in the chambers and leave them to develop in an ascending direction until the solvent reaches ca. 1 cm below the top (Figure 3B).

22. Take the developed TLC plates out of the chambers and observe under UV light using short (λ= 254 nm) and long (λ= 366 nm) wavelengths. Spray anisaldehyde-sulphuric acid reagent (see Recipes) over the plates and heat the plates to 105-110 °C with a heat gun for ca. 1 min until coloured spots appear (Figure 3C) (Waldi, 1965). Calculate Rf values for individual spots as the ratio of the distance (in cm) from the centre of the spot to the baseline over the distance (in cm) from the solvent line to the baseline (Stahl and Mangold, 1975; Stock and Rice, 1974). Triterpenes typically appear as bright pink spots on TLC plates following spraying with anisaldehyde-sulfuric acid reagent and heating (Figure 3D).

23. The first pink coloured spot appears in the VLC fraction eluted with 15% ethyl acetate in hexane. Mix this fraction with silica gel 60 (3 g) in dichloromethane. Leave the mixture to dry on a bench at 20-25 °C. A free-flowing and completely dried powder is usually obtained overnight.

24. In a glass, beaker, mix enough silica gel 60 in hexane to obtain a slurry which has the right consistency so as to be poured to fill a CC glass column. Leave the column stopcock open when filling with the slurry to let the latter settle inside the column. Continue pouring the slurry inside the column until the silica particles settle and form a horizontal layer about 5 cm from the top of the column. Ensure that there is a sufficient volume (around 5 ml) of solvent on top of the silica layer so the packing material does not dry out. Take care to prevent the inclusion of any air bubbles (Note
1) (Braithwaite and Smith, 1996; Ravindranath, 1989). Apply the powdered fraction to the top of the packed column.

25. Carry out the elution using hexane and ethyl acetate mixtures of increasing polarity (from 100% hexane, hexane/ethyl acetate 9:1, 8:2, 7:3, 6:4, 1:1, 4:6, 3:7, 2:8, 1:9 and lastly 100% ethyl acetate) (Figure 4). Collect all eluates in vials, and analyse their contents by TLC (steps 20-22).

26. One of the eluates appears as a single pink spot following spraying with anisaldehyde sulphuric acid reagent (Rf = 0.40 in hexane/ethyl acetate 8:2). Concentrate this eluate to dryness under reduced pressure at ≤ 40 °C, dissolve it in chloroform-d (2.5 ml) and transfer it into an NMR tube. Carry out $^1$H, $^{13}$C NMR and MS analysis to reveal the presence of four triterpenes, namely $\alpha$-amyrin (Hernández Vázquez et al., 2012; Basyuni et al., 2006), $\beta$-amyrin (Basyuni et al., 2006; Mahato and Kundu, 1994), lupeol (Basyuni et al., 2006; Thanakijcharoenpath and Theanphong, 2007) and cycloartenol (Kamisako et al., 1987; Zhu et al., 2012).

27. Combine the VLC fractions eluted with 25% and 30% ethyl acetate in hexane, respectively. Concentrate them to dryness under reduced pressure at ≤ 40 °C using the rotary evaporator.

28. In a glass, beaker, mix enough Sephadex® LH-20 (Note 2) in 5% hexane in dichloromethane to obtain a slurry which has the right consistency so as to be poured to fill a CC glass column. Leave the column stopcock open when filling with the slurry to let the latter settle inside the column. Continue pouring the slurry inside the column until the Sephadex® LH-20 particles settle and form a horizontal layer about 5 cm from the top of the column. Ensure there is only the minimal volume of solvent remaining on the surface of the packing material so it does not dry out. Take care to prevent the inclusion of any air bubbles (Note 1). (Determann and Brewer, 1975; Kremmer and Boross, 1979).

29. Apply the combined fractions, re-dissolved in 5% hexane in dichloromethane, onto the top of the column.

30. Elute with 5% hexane in dichloromethane to afford an eluate which appears as a single pink spot on TLC following spraying with anisaldehyde-sulfuric acid reagent and heating (Rf = 0.23 in hexane/ethyl acetate 8:2). Concentrate this eluate to dryness under reduced pressure at ≤ 40 °C, dissolve it in chloroform-d (2.5 ml) and transfer it into an NMR tube. Carry out $^1$H, $^{13}$C NMR and MS analysis to reveal the presence of two triterpenes, namely mangiferonic acid (Escobedo-Martinez et al., 2012), and ambonic acid (Da Silva et al., 2005).

31. Combine the VLC fractions eluted with 40% and 50% ethyl acetate in hexane, respectively. Concentrate them to dryness under reduced pressure at ≤ 40 °C using a rotary evaporator and subject them to gel filtration (see step 28).

32. Elute with 5% hexane in dichloromethane to afford one eluate containing a bright pink spot.
33. Fractionate the eluate further by CC (see step 24) using hexane/ethyl acetate mixtures of increasing polarity (from 100% hexane, hexane/ethyl acetate 9:1, 8:2, 7:3, 6:4, 1:1, 4:6, 3:7, 2:8, 1:9 and lastly 100% ethyl acetate). One of the eluates appears as a single pink spot on TLC following spraying with anisaldehyde sulphuric acid reagent (Rf = 0.40 in hexane/ethyl acetate 7:3). Concentrate this eluate to dryness under reduced pressure at ≤40 °C using a rotary evaporator, dissolve it in chloroform-d (2.5 ml) and transfer it into an NMR tube. Carry out 1H, 13C NMR and MS analysis to reveal the presence of two triterpenes, namely mangiferolic acid (Escobedo-Martinez et al., 2012) and ambolic acid (Escobedo-Martinez et al., 2012).

34. Subject a portion (5 to 10 g) of the ethyl acetate extract to VLC eluting with hexane:ethyl acetate mixtures of increasing polarity (starting with 100% hexane, hexane/ethyl acetate 95:5, 9:1, 85:15, 8:2, 7:3, 6:4, 1:1, 4:6, 3:7, 2:8, 1:9 and lastly 100% ethyl acetate) (steps 13-15).

35. Fractionate the VLC fraction eluted with 40% ethyl acetate in hexane, by gel filtration (step 28) eluting with 5% hexane in dichloromethane, followed by dichloromethane, to yield a mixture of ambolic acid and isomangiferolic acid (Escobedo-Martinez et al., 2012) along with mangiferonic and mangiferolic acids as pure compounds.

**Representative data**

![Figure 1. Typical set up for liquid-liquid partition using a separating funnel](image-url)
Figure 2. Typical set up for vacuum liquid chromatography (VLC)
Figure 3. Thin layer chromatography (TLC) analysis. A. Spotting of sample on TLC plate; B. Spotted plate placed in the TLC tank for elution; C. Heating of plate; D. Calculation of Rf values for triterpene (pink) spots.
Notes

1. To prevent the formation of air bubbles, the slurry should be poured slowly onto the inside walls of the column and the packed column should not be allowed to dry out. Any air bubbles can be removed by gently finger tapping the column.

2. It is also possible to use some recycled Sephadex® LH-20. The latter is obtained by soaking any used Sephadex® LH-20 slurry in a mixture of dichloromethane and methanol in a Büchner filter connected to a vacuum water jet pump. Once the vacuum has been applied, the Sephadex® LH-20 is left to air-dry on the bench at 20-25 °C.

Recipes

1. Anisaldehyde-sulfuric acid reagent (Waldi, 1965)
   Mix 0.5 ml of \( p \)-anisaldehyde with 10 mL glacial acetic acid and 85 mL methanol
   Slowly add sulfuric acid (5 mL) to that mixture
   Mix well, place in a glass atomiser (amber) bottle and store at 2-8 °C

Acknowledgments

This protocol was adapted from the previously published study, Kardar et al. (2014). This work was supported by the Leverhulme Trust, UK (Research Project Grant RPG-150). We thank T. Zhang for technical assistance and Nature’s Laboratory Ltd for the supply of propolis.


