Assessing Mitochondrial Transport via Cytoplasmic Nanotubular Bridges in Cells
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[Abstract] This protocol aims to study intercellular transport of mitochondria, dynamic cellular organelles via tunnelling nanotubes (TNT), a cell membrane extension of cytoskeletal elements. The nanotubular bridges or the tunnelling nanotube highways are one of the emerging new cell-to-cell communication systems which mediates exchange of cellular materials, most importantly as in our observation, mitochondria. Mesenchymal stem cells (MSC) have been well studied to be endowed with a highly efficient intercellular mitochondrial donation ability and this property is now proven crucial to its functional role of rescue in cellular therapy.

Materials and Reagents

A. Cells
Mesenchymal stem cells (Human or Mouse derived in passage 3-7), any fibroblasts cell lines (HSMC, 3T3) or primary cells. Even epithelial [BEAS-2b (ATCC, catalog number: CRL-9609), NHBE (Lonza, catalog number: CC-2540), A549, LA-4, MLE-12] and endothelial cells (HUVEC) also show such capacity but at comparatively minimal efficiency.

B. Reagents
1. CellLight® Mitochondria-GFP, BacMam 2.0 (Life Technologies, catalog number: C10600)
2. CellLight® Mitochondria-RFP, BacMam 2.0 (Life Technologies, catalog number: C10505)
3. MitoTracker® Green FM (Life Technologies, catalog number: M-7514)
4. MitoTracker® Deep Red FM (Life Technologies, catalog number: M22426)
5. Alexa Fluor® 594 phalloidin (Life Technologies, catalog number: A12381) or fluorescein phalloidin (Life Technologies, catalog number: F432)
6. Alexa Fluor® 488 phalloidin (Life Technologies, catalog number: A12379)
7. 2% paraformaldehyde (SigmaAldrich, catalog number: P-6148) diluted in 1x PBS
8. ProLong® Gold Antifade Mountant with DAPI (Life Technologies, catalog number: P-36931)
9. Respective cell culture media
a. DMEM (Sigma-Aldrich, catalog number: D5523) + 10% FBS for Human MSC (HuMSC), Fibroblasts 3T3, A549
b. Mouse MesenCult™ (STEMCELL Technologies, catalog number: 05512) for mouse MSC
c. Ham’s-F 12 (Sigma-Aldrich, catalog number: N6760) + 15% FBS for LA-4, MLE-12
d. BEGM (Lonza, catalog number: CC-3170) for NHBE and BEAS-2b
e. M-199 (Sigma-Aldrich, catalog number: M2520) + 15% FBS (Invitrogen, catalog number: 10270) for HUVECs (primary cultured)

10. TritonX-100 (Sigma-Aldrich, catalog number: T9284)
11. 1x phosphate buffer saline (PBS)

**Equipment**

1. Lab-tek II Chambered Coverglass w/cover #1.5 Borosilicate Sterile (Sigma-Aldrich)
2. 75 x 25 mm microscope slides (J. Melvin Freed Brand)
3. 22 x 22 Esco microscope square cover glass with no. 1 thickness (Erie Scientific Company)
4. Live cell fluorescent microscope (Leica Microsystems, model: DMI6000)
5. Confocal microscope (Leica Microsystems, model: TCS SP5)
6. BD FACS Aria (BD Biosciences)
7. BD FACS Calibur (BD Biosciences)

**Procedure**

A. Sample preparation

1. The typical cells (e.g. Human MSC or HuMSC and BEAS-2b) must first be grown separately and differentially transfected (with 20 µl volume for approx 30,000 cells seeded) either of CellLight® Mitochondria-GFP, BacMam 2.0 and CellLight® Mitochondria-RFP, BacMam 2.0. After 24 h, the respective cells are then co-cultured. Alternatively they can also be stained with 2 µl/ml (of cell growth media) from 100 µM stock solution of Mitotracker dyes for 10-20 min in 37 °C before the coculture (e.g. HuMSC with MitoTracker® DeepRed and BEAS-2b with MitoTracker® Green).
2. Post dye-incubation, the cell media containing the dye is washed using 1x PBS and fresh cell growth media is added.
3. For live cell imaging of monoculture population, the cells stained either of the mitotracker dye can also be stained with phalloidin (F432, Invitrogen or A12381, Invitrogen) 1:250 in PBS to view the actin constituted TNT.
4. The cells have to be seeded in 2- or 4-chambered slides for live cell image acquisition (about 10-30,000 cells in each well). In case of co-cultured cells, respective growth
media has to be added in equal volumes. The two types of cells are seeded in equal ratio and post 3-4 h of co-culture, mitochondrial donation can be observed.

5. For fixed cell immunocytochemistry, the stained cells have to be reseeded onto cover glasses. Wash and wipe cover glass with 70% ethanol and place them in each well of a 6-well plate. Seed 30,000 cells in each well for monocultures or equi-ratio of co-cultures and then can proceed on with the staining. The cells have to be fixed in 2% paraformaldehyde (in 1x PBS) for about 20 min at RT or overnight at 4 °C and phalloidin staining (20 min incubation) can be done post permeabilization (permeabilization buffer: 0.1% TritonX-100 in PBS for 15 min). The cover glass with the cells have to be finally mounted on glass slides with ProLong® Gold Antifade Mountant with DAPI. The edges of the cover glass are sealed with nail enamel.

6. For FACS quantification of mitochondria transported, the differentially stained co-cultured cells have to be trypsinized (0.125% Trypsin+ 0.01 M EDTA) and cell pellet obtained has to be diluted in PBS or FACS buffer for acquiring.

B. Flurimetric quantification

The FACS Calibur/ FACS Aria was used to acquire a quantitative estimate of mitochondria transported by MSC. The count of mitochondria (as labeled in MSC) transported into epithelial or other specific gated population of cells is thus determined.

C. Image acquisition

The image acquisitions can be done with either 63x or 100x objective and TNT can be imaged with DIC view. The various dyes and respective lasers with excitation and emission range are tabulated as follows:

<table>
<thead>
<tr>
<th>Dyes/Probes</th>
<th>Lasers</th>
<th>Excitation</th>
<th>Emission</th>
</tr>
</thead>
<tbody>
<tr>
<td>MitoGFP</td>
<td>ARGON</td>
<td>488 nm</td>
<td>500–540 nm</td>
</tr>
<tr>
<td>MitoRFP</td>
<td>DPSS 561</td>
<td>584 nm</td>
<td>580–620 nm</td>
</tr>
<tr>
<td>Mitotracker green</td>
<td>ARGON</td>
<td>488 nm</td>
<td>500–540 nm</td>
</tr>
<tr>
<td>Mitotracker red</td>
<td>DPSS 561</td>
<td>575 nm</td>
<td>580–630 nm</td>
</tr>
</tbody>
</table>

Recipes

All reagents, probes and dyes were re-constituted in and as mentioned in procedures or as per manufacturer's protocol.

Acknowledgments

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References
