

In situ Quantification of Cytosine Modification Levels in Heterochromatic Domains of Cultured Mammalian Cells

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Abstract

Epigenetic modifications of DNA, and especially cytosine, play a crucial role in regulating basic cellular processes and thereby the overall cellular metabolism. Their levels change during organismic and cellular development, but especially also in pathogenic aberrations such as cancer. Levels of respective modifications are often addressed in bulk by specialized mass spectrometry techniques or by employing dedicated ChIP-seq protocols, with the latter giving information about the sequence context of the modification. However, to address modification levels on a single cell basis, high- or low-content microscopy techniques remain the preferred methodology. The protocol presented here describes a straightforward method to detect and quantify different DNA modifications in human cell lines, which can also be adapted to other cultured mammalian cell types. To this end, cells are immunostained against two different cytosine modifications in combination with DNA counterstaining. Image acquisition takes place on a confocal microscopy system. A semi-automated analysis pipeline helps to gather data in a fast and reliable fashion. The protocol is comparatively simple, fast, and cost effective. By employing methodologies that are often well established in most molecular biology laboratories, many researchers are able to apply the described protocol straight away in-house.

Keywords: DNA methylation, In situ quantification, Immunocytochemistry, Image analysis, Epigenetics, Heterochromatin

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Background

Methylation of the fifth carbon atom of cytosine (5'-methylcytosine; 5mC) is found in the DNA of most eukaryotes and in all human cell types. It is one of the most abundant and conserved epigenetic modifications and regulates gene expression by silencing promoter regions and facilitating the compaction of heterochromatin (Lande-Diner et al., 2007; Smith and Meissner, 2013). Mammalian DNA methylation occurs predominantly in the context of symmetric CpG dinucleotides. Consequently, of the 28 million CpG sites in the human genome, between 60% and 80% are methylated, which corresponds to approximately 5% of all cytosines (Smith and Meissner, 2013). However, up to 200 base-pair long stretches of these dinucleotides, so-called CpG-islands, are often found in the context of promoters and transcription start sites, where they are sparsely methylated (Bird, 1986; Smith and Meissner, 2013). Moreover, DNA methylation contributes to the integrity of heterochromatin by serving as a binding platform for various proteins that can recognize and bind 5mC, thereby shaping the heterochromatin landscape (Ludwig et al., 2016). On the other hand, the members of the Tet (Ten-eleven-translocation)-protein family, Tet1, Tet2, and Tet3, were found to oxidize 5mC to 5'-hydroxymethylcytosine (5hmC), 5'-formylcytosine (5fC), and 5'-carboxylcytosine (5caC). All oxidative derivatives of 5mC were found to act as intermediates in the active removal of DNA methylation and are themselves removed via different glycosylases (Ludwig et al., 2016). Tet proteins share the same catalytic activity (Bauer et al., 2015) but different physiological roles (Santiago et al., 2014). An example is Tet1 and its short isoform, which exhibit distinct nuclear localization during DNA replication. This results in aberrant cytosine modification levels in heterochromatic regions of mouse and human cells and LINE 1 activation (Arroyo et al., 2022). While in murine cells heterochromatin rich domains are found on most chromosomes, in human cells long stretches of pericentric heterochromatin are mostly found on chromosomes 1, 9, and 16 (Meneveri et al., 1993; Bizhanova and Kaufman, 2021).

Changes in cytosine modifications and, in particular, hypomethylation, are a hallmark of many cancers (Vidal et al., 2017). A reproducible method to measure changes in cytosine modification levels in euchromatic vs. heterochromatic regions is highly desirable in this context. For this purpose, microscopy techniques are more revealing than mass spectrometry or ChIP-seq methods, since direct images from single cells provide information about the abundance, subnuclear distribution, and cell cycle variation of different epigenetic marks. Therefore, we developed a pipeline to address cytosine modification levels and applied it to MCF7 human breast adenocarcinoma cells, expressing higher levels of TET1 proteins, and MCF10a non-transformed human breast epithelial cells (Figure 1). Our method, performed in Arroyo et al. (2022), includes immunodetection of cytosine modifications with antibodies against 5mC and either 5hmC, 5fC, or 5caC, followed by confocal microscopy imaging and image analysis. The implemented image analysis includes nucleus and heterochromatin and (euchromatic) nucleoplasm segmentation, achieved by creating different masks based on the DNA counterstaining (DAPI) signal. Heterochromatin segmentation using DAPI as a proxy for differences in chromatin compaction has been extensively used in quantitative analyses of the nuclear landscape (Schmid et al., 2017; Pradhan and Cardoso, 2023). The following protocol can be applied to a variety of experimental models and cell lines in order to study and quantify differences in cytosine modification patterns in different cellular backgrounds.

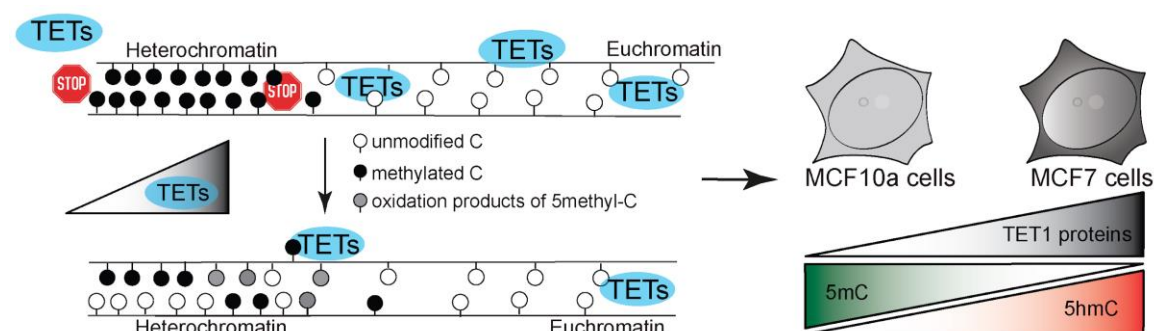


Figure 1. Model of study. TET protein catalytic activity in heterochromatin regions results in aberrant oxidation of 5-methylcytosine in human cells, depending on the level of TET proteins.

Materials and reagents

1. P100 dishes (Merck KGaA, catalog number: CLS430293)
2. 6-well dishes (Merck KGaA, catalog number: CC302)
3. Glass coverslips (Carl Roth, catalog number: P232.1)
4. Microscopy slides (Thermo Fisher Scientific, catalog number: ABAA000080)
5. Petri dish (Carl Roth, catalog number: EL50.1)
6. Gel-blotting paper (Carl Roth, catalog number: A126.1)
7. Aluminum foil (Carl Roth, catalog number: 1770.1)
8. Parafilm (Merck KGaA, catalog number: P7793)
9. MCF7 cells (ATCC, catalog number: HTB-22) (Soule et al., 1973)
10. MCF10a cells (ATCC, catalog number: CRL-10317) (Soule et al., 1990)
11. DMEM (Merck KGaA, catalog number: D6429), store at 4 °C
12. DMEM/F12 (Merck KGaA, catalog number: D6421), store at 4 °C
13. Fetal bovine serum (FBS) (Gibco, catalog number: A5256701), aliquot and store at -20 °C
14. Horse serum (Merck KGaA, catalog number: H1138), aliquot and store at -20 °C
15. Pen/Strep (Merck KGaA, catalog number: P4333), store at 4 °C
16. L-Glutamine (Merck KGaA, catalog number: G7513), store at 4 °C
17. hEGF (Merck KGaA, catalog number: E9644)
18. Hydrocortisone (Merck KGaA, catalog number: H0888)
19. Cholera toxin (Merck KGaA, catalog number: C8052)
20. Insulin human (Merck KGaA, catalog number: I2643)
21. PBS (VWR International, catalog number: 0780)
22. Trypsin (Merck KGaA, catalog number: T4049), store at 4 °C
23. Gelatine (Sigma-Aldrich, catalog number: G2500)
24. Formaldehyde (Merck KGaA, catalog number: F8775)
25. EDTA (Merck KGaA, catalog number: E5134)
26. MgCl₂ 6H₂O (Merck KGaA, catalog number: 1374248)
27. CaCl₂ (Merck KGaA, catalog number: C1016)
28. Trizma[®] hydrochloride (Merck KGaA, catalog number: T2319)
29. Tween 20 (Merck KGaA, catalog number: P9416)
30. Triton X-100 (Merck KGaA, catalog number: X100)
31. Methanol (Merck KGaA, catalog number: 32213)
32. RNase A (Merck KGaA, catalog number: 10109169001)
33. BSA (Merck KGaA, catalog number: 10735094001)
34. DNase I (Merck KGaA, catalog number: D5025)
35. Monoclonal mouse α -5mC (CF-MAB - Helmholtz Munich, 32E2) (Weichmann et al., 2020)
36. Polyclonal rabbit α -5-hmC (Active Motif, catalog number: 39769)
37. Polyclonal rabbit α -5-fC (Active Motif, catalog number: 61223)
38. Polyclonal rabbit α -5-caC (Active Motif, catalog number: 61225)
39. Goat α -mouse IgG (H+L) Alexa Fluor 488-conjugated (Thermo Fisher Scientific, catalog number: A32723) (suggested antibody, which worked well in this protocol)
40. Goat α -rabbit IgG (H+L) Alexa Fluor 594-conjugated (Thermo Fisher Scientific, catalog number: A32740) (suggested antibody, which worked well in this protocol)
41. DAPI, 4',6-diamidino-2-phenylindole (Merck KGaA, catalog number: D9542)
42. Mowiol[®] 4-88 (Merck KGaA, catalog number: 81381)
43. Wet chamber for staining (Cardoso and Leonhardt, 1996)

Solutions

1. 0.1% gelatine (see Recipes)

2. 3.7% formaldehyde (see Recipes)
3. 88% methanol (see Recipes)
4. 0.5% Triton X-100 in PBS (see Recipes)
5. 0.01% PBS-T (see Recipes)
6. 0.01% PBS-TE (see Recipes)
7. 4%, 2%, 1% BSA in PBS (see Recipes)
8. 100 µg/mL RNase in 1 × PBS (see Recipes)
9. 2 × DNase I Buffer (see Recipes)

Recipes

1. 0.1% gelatine

Reagent	Final concentration	Amount
Gelatine	0.1%	0.5 g
1 × PBS	1 ×	500 mL
Total	n/a	500 mL
Sterilize by autoclaving at 121 °C for 30 min.		

2. 3.7% formaldehyde

Reagent	Final concentration	Amount
36.5%–38% formaldehyde solution	3.7 %	2.5 mL
1 × PBS	1 ×	22.5 mL
Total	n/a	25 mL
Prepare fresh and use within one week.		

3. 88% methanol

Reagent	Final concentration	Amount
Methanol	88%	88 mL
ddH ₂ O	12%	12 mL
Total	n/a	100 mL
Store at -20 °C		

4. 0.5% Triton X-100 in PBS

Reagent	Final concentration	Amount
1 × PBS	1 ×	99.5 mL
Triton X-100	0.5%	0.5 mL
Total	n/a	100 mL
Prepare at least two days prior to use and store at room temperature.		

5. 0.01% PBS-T

Reagent	Final concentration	Amount
1 × PBS	1 ×	249.975 mL
Tween 20	0.01%	0.025 mL
Total	n/a	250 mL
Store at room temperature.		

6. 0.01% PBS-TE

Reagent	Final concentration	Amount
1 × PBS	1 ×	249.75 mL
Tween 20	0.01%	0.025 mL

EDTA 100 mM
Total
Store at room temperature

n/a

250 mL

7. 4% BSA in PBS

Reagent	Final concentration	Amount
BSA	4%	0.6 g
1 × PBS	1 ×	15 mL
Total	n/a	15 mL

Dissolve BSA completely, prepare 1.5 mL aliquots, and store at -20 °C.

If 1% or 2% BSA are needed, prepare appropriate dilutions with 1 × PBS.

8. 100 µg/mL RNase in 1 × PBS

Reagent	Final concentration	Amount
RNase A	-	0.025 g
ddH ₂ O	-	250 µL
Total	100 mg/mL	250 µL

Dissolve RNase A powder completely in ddH₂O and store in 25 µL aliquots at -20 °C.

Before use, prepare a 1:1,000 dilution with 1 × PBS to yield a concentration of 100 µg/mL.

9. 2 × DNase I Buffer

Reagent	Final concentration	Amount
Trizma® hydrochloride pH 7.5	20 mM	2 mL
MgCl ₂	5 mM	0.102 g
CaCl ₂	1 mM	0.011 g
ddH ₂ O	-	98 mL
Total	n/a	100 mL

Prepare 2 mL aliquots and store at -20 °C.

Equipment

1. Laminar flow cabinet (neoLab Migge GmbH, BDK 1200-SK, catalog number: 83 99 51200)
2. Cell culture CO₂ incubator (Binder, catalog number: C150-230V)
3. Water bath (GFL Technology, catalog number: 10865892E)
4. Hybridization oven (Appligene, catalog number: 22012105); alternatively, use 37 °C incubator
5. Confocal microscope (Perkin Elmer Spinning Disk/Nikon Ti-E, PerkinElmer Life Sciences) equipped with high magnification objective (oil immersion 100 × Plan-Apochromat, NA 1.49)

Software

1. Image acquisition software [in our case, Volocity 6.3 (Perkin Elmer, USA) was used] “Fiji Is Just ImageJ” Fiji (NIH/<http://Fiji.sc/Fiji>) or ImageJ (NIH/<https://imagej.nih.gov/ij/download.html>) for image pre-processing and analysis
2. RStudio (<https://rstudio.com/>) for plotting and statistical analysis

Procedure

A. Cell culture (all steps in laminar flow cabinet)

1. Culture cells by following established protocols for adherent cell lines (for more details see Note 1).
2. Split cells 2–3 times per week or as needed (for more details see Note 2).

B. Seeding cells for immunostaining (all steps in laminar flow cabinet)

1. Fill appropriate cell culture dish (6-well) with ddH₂O (2 mL).
2. Sterilize glass coverslips by dipping multiple times into 70% ethanol using sterilized tweezers.
3. Transfer glass coverslips to a ddH₂O-filled dish. Make sure to submerge coverslips.
4. Aspirate ddH₂O.
5. Cover glass coverslips with 100 µL of 0.1% gelatine each and incubate for at least 15 min (preferably overnight) at 37 °C.
6. Aspirate remaining gelatine solution.
7. Split cells as usual and seed 0.25×10^6 cells in a glass coverslip-containing dish.
8. Incubate for at least 18 h at 37 °C, 5% CO₂.

C. Immunostaining for DNA base modifications

1. Remove medium from cells that were seeded the day before at a density of 0.25×10^6 per p35 dish.
2. Carefully wash cells with 1 mL of 1×PBS and discard PBS.
3. Fix cells with 1 mL of 3.7% formaldehyde for 10 min at room temperature.
4. Remove formaldehyde solution.
5. Wash three times with 2 mL of PBS-T (for more details see Note 3).
6. Permeabilize cells with 1 mL of 0.5% Triton X-100 in PBS for 20 min.
7. Remove Triton X-100.
8. Add ice-cold 88% methanol and incubate for 5 min at room temperature.
9. Remove methanol.
10. Wash as before three times with PBS-T.
Prepare a wet chamber with moist gel-blotting paper and Parafilm on top (for more details see Note 4 and Figure 2).

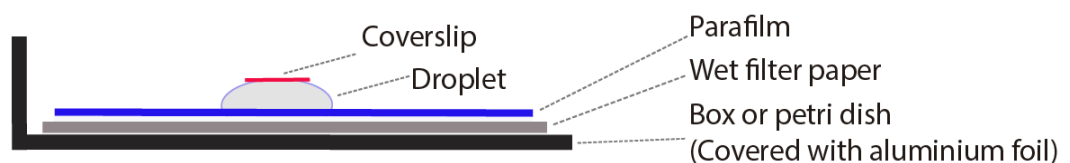


Figure 2. Diagram of a wet chamber for immunostaining

11. Prepare a 100 µg/mL RNase A in 1×PBS solution.
12. Place coverslips cell side down in 20 µL droplets of RNase A solution on Parafilm and incubate for 1 h at 37 °C.
13. Wash three times with PBS-T, by carefully adding 100 µL of PBS-T droplets under the coverslips (for more details see Note 5).
14. Block for 30 min at 37 °C by placing coverslips in 20 µL of 1% BSA in 1×PBS cell side down.
15. Prepare primary antibody solution (detection solution) per coverslip. For one coverslip use:
 - a. 10 µL of 2% BSA in PBS.
 - b. 10 µL of DNase buffer (2×).

- c. 0.25 μ L of DNase I (2,000 U/mL).
- d. Antibody against 5mC (1:250).
- e. Antibody against 5-hmC, 5-fC, or 5-caC (1:250, 1:100, or 1:100, respectively).
16. Place coverslips cell side down in detection solution.
17. Incubate at 37 °C for 70 min.
18. Wash three times with 100 μ L droplets of PBS-TE (0, 5, and 10 min).
19. Dilute secondary antibodies.
20. Prepare 20 μ L of secondary antibody solution (detection solution) per coverslip. For one coverslip use:
 - a. 20 μ L of 2% BSA in PBS.
 - b. Secondary antibody goat α -mouse IgG (H+L) Alexa Fluor 488-conjugated (1:500).
 - c. Secondary antibody goat α -rabbit IgG (H+L) Alexa Fluor 594-conjugated (1:500).
21. Incubate with secondary antibodies at room temperature for 45 min.
22. Wash three times with 100 μ L droplets of PBS-T (0, 5, and 10 min).
23. Counterstain with 20 μ L of 1 μ g/mL DAPI for 10 min.
24. Meanwhile, take out a glass slide and put a 20 μ L drop of Mowiol mounting medium on top.
25. After DAPI staining, briefly wash coverslip by dipping in ddH₂O.
26. Dry excess water by carefully tipping the edge of the coverslip on a paper tissue.
27. Place on top of the mounting medium with the cells side facing down.

D. Microscopy

1. Set up the image acquisition settings for each channel and use the same settings for all images, avoiding oversaturation.
2. Acquire images from higher to lower wavelength, starting with red, green, and blue at the end. See Note 6 for setting details.
3. Acquire Z-stack images with a fixed Z-step length, preferably 0.5 μ m. Acquire enough Z-stack to image the whole nuclei from “top” to “bottom.” For the majority of the cells, 10–12 Z-stacks are enough.
4. For further image processing in Fiji, data should be exported as .tiff files as Multicolor Z-stack.

E. Image analysis (manual procedure using Fiji)

The purpose of this image analysis pipeline is to use DAPI intensities to segment the cell nuclei, creating a nuclear mask, and then segment heterochromatic regions (HCmask). Euchromatic regions are defined by heterochromatin subtraction from the nucleus mask. Once these subnuclear compartments are defined, the final aim of the analysis is to measure cytosine modification levels within these different regions. Minor optimizations to the following procedure can be applied for different cell types or imaging systems.

1. Pre-processing
 - a. *Analyze* → *Set Measurements* → select the desired properties to be measured (see Note 7).
 - b. *Edit* → *Options* → *Colors...* → Foreground: *black*; Background: *black*; Selection: *white*.
 - c. Open a Multicolor Z-stack image.
 - d. *Image* → *Stacks* → *Z Project...* → Choose first slice as *Start slice* and last slice as *Stop slice* and *Max Intensity* from Dropdown Menu.
 - e. Right-mouse click → *Rename* to “Master.”
 - f. Right-mouse click → *Duplicate* → Title: “nucleus_mask;” Tick: *Duplicate hyperstack*; Channels (c): *leave as is*.
2. Nucleus segmentation
 - a. Select window “nucleus_mask.”
 - b. Choose DAPI channel using channel slider.
 - c. *Image* → *Type* → *8-bit*.
 - d. *Process* → *Filters* → *Gaussian Blur...* → *Sigma (Radius): 1.0* → “OK” → Click “Yes” in dialogue “Process Stack?”.
 - e. *Process* → *Enhance Contrast...* → Saturated pixels: *0.3%* → “OK.”

- f. Right-mouse click → *Duplicate* → Title: “forHCmask;” Tick: *Duplicate hyperstack*; Channels (c): *leave as is*.
- g. *Select window “nucleus_mask.”*
- h. *Process* → *Binary* → *Make Binary* → Method: *Triangle*; Background: *Dark*; Tick: *Black background (of binary masks)*.
- i. *Process* → *Binary* → *Watershed* → “OK” → Click “Yes” in dialogue “Process Stack?”.
- j. Select “Wand (tracing) tool.”
- k. Select window “nucleus_mask.”
- l. Select nucleus of interest.
- m. *Edit* → *Clear Outside* → Click “Yes” in dialogue “Process Stack?”.
- n. *Analyze* → *Tools* → *ROI manager...* → *Add [t]* → *Rename...* to “nucleus_mask.”
3. Heterochromatin segmentation
 - a. Select window “forHCmask.”
 - b. Select window “ROI manager.”
 - c. Select ROI “nucleus_mask.”
 - d. *Edit* → *Clear Outside* → Click “Yes” in dialogue “Process Stack?”.
 - e. *Image* → *Adjust* → *Threshold...* → Dropdown 1: *Triangle*; Dropdown 2: *B&W*; Tick: *Dark background* → adjust to DAPI dense areas → *Apply*.
 - f. Click “OK” in dialogue “Convert Stack to Binary.”
 - g. *Edit* → *Selection* → *Create selection*.
 - h. Select window “ROI manager” → *Add [t]* → *Rename...* to “HCmask.”
 - i. Close window “Threshold.”
4. Heterochromatin subtraction
 - a. Select window “nucleus_mask.”
 - b. Select window “ROI manager” and select ROI “HCmask.”
 - c. *Edit* → *Clear*.
 - d. *Edit* → *Selection* → *Create selection*.
 - e. Select window “ROI manager” → *Add [t]* → *Rename...* to “Nucleoplasm_mask.”
 - f. Close windows “nucleus_mask” and “forHCmask.”
5. Measure intensities in the respective regions of interest (ROIs)
 - a. Select window “Master.”
 - b. Select window “ROI manager.”
 - c. Select desired ROI.
 - d. Press “Ctrl + M” to measure the first channel.
 - e. Use the channel slider to move to the next channel and press “Ctrl + M” to measure again.
 - f. Repeat until all ROIs are measured in all channels and remember the series.
 - g. Save the measurements as .csv files (Ctrl + S).

The pipeline for image analysis is illustrated in Figure 3.

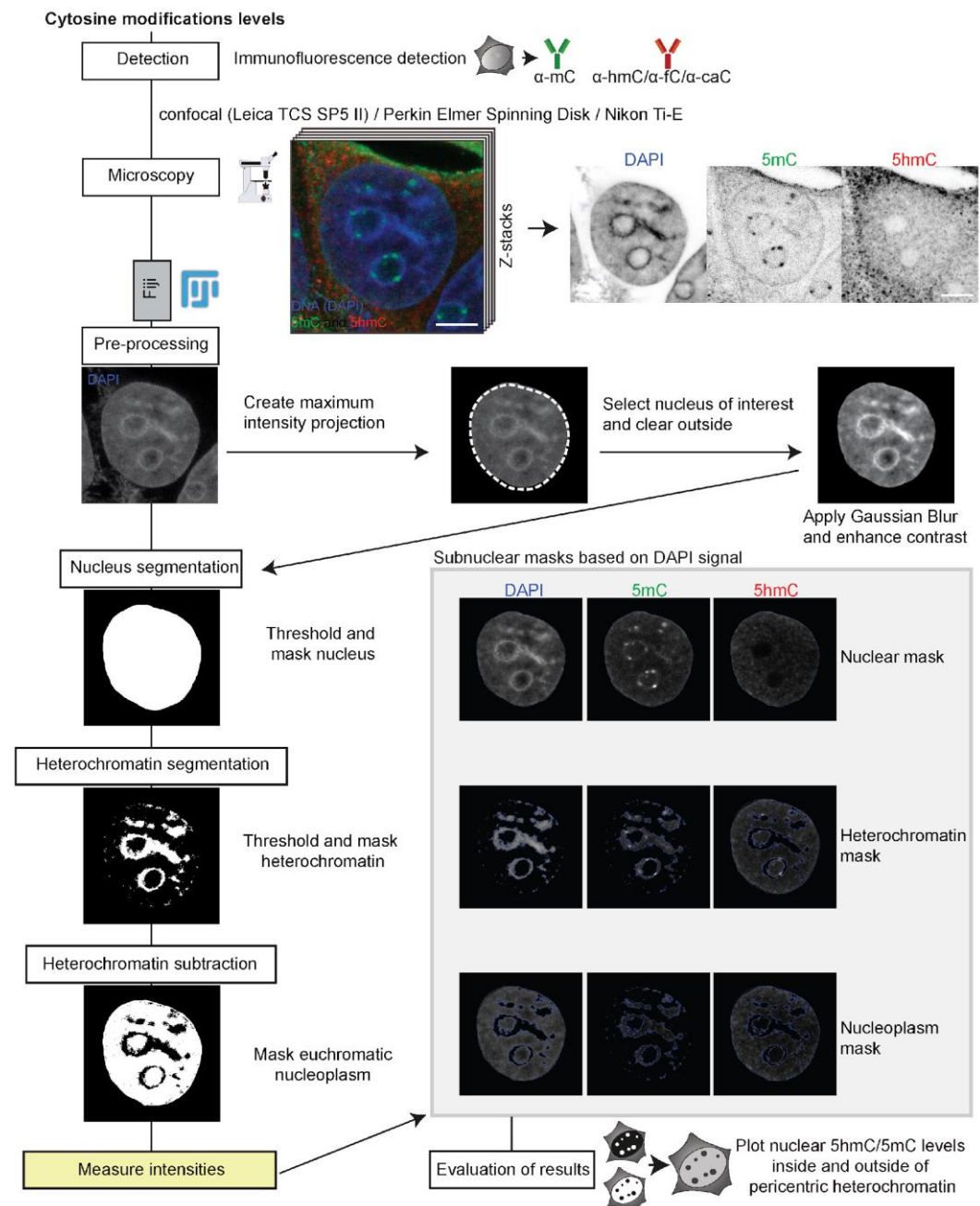


Figure 3. Image processing and in situ quantitative analysis pipeline for cytosine modifications levels. After immunofluorescence detection of DNA base modifications and image acquisition by confocal microscopy, the preprocessing of the multicolor Z-stack is performed in Fiji. Afterwards, the nucleus, heterochromatin, and the euchromatic nucleoplasm are segmented into regions of interest (ROIs) based on their respective DAPI signals, and binary masks are generated. Signals of all channels in the respective ROIs are then measured based on the binary masks and results exported as .csv files.

F. Image analysis (semi-automated procedure)

In addition to the step-by-step analysis procedure described in section E, in this section we describe a semi-automated analysis pipeline using a macro in Fiji. The semi-automated procedure speeds up the analysis process along with a higher standardization for different samples.

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1. Start the semi-automated image analysis pipeline macro by opening it in Fiji (see File S1).
2. Open a Multicolor Z-stack image of interest.
3. Click “Run” in the Macro UI.
4. You will be prompted to select the DAPI channel. Use the channel slider to move to the DAPI channel and click “OK” in the dialogue box.
5. You will be prompted to choose a nucleus of interest. After clicking on the nucleus of interest, confirm by clicking “OK” in the dialogue box.
6. You will be prompted to set a threshold for the heterochromatin regions. Use the sliders in the threshold menu to adjust and confirm by clicking “OK” in the dialogue box.
7. Based on the DAPI signal, the macro generates ROIs for (I) the nucleus, (II) the heterochromatin, (III) the euchromatic nucleoplasm. Based on these ROIs, the macro quantifies the fluorescence intensities in channel 1 for ROI I, II, and III, in channel 2 for ROI I, II, and III, and in channel 3 for ROI I, II, and III.
8. You are prompted to save the measurements as a .csv file. Save with “Ctrl + S” and confirm by clicking “OK” in the dialogue box.
9. All windows will be closed, and you can continue with the next image, starting from step 2.

Data analysis

After the image analysis, we obtain .csv files as output, with a total of nine rows corresponding to measurements in three channels (DAPI, 5mC, and 5hmC) and for the three different masks (nucleus, heterochromatin, nucleoplasm). The output includes values for “Area,” “Mean,” “StdDev,” “IntDen,” etc., which depend on the selected settings of the measurement in Fiji. For our analysis, described in Arroyo et al. (2022), the respective mean cytosine modification levels were normalized against the respective normalized 5mC levels to compensate for the epigenetic heterogeneity in cancer cells (Guo et al., 2019). Normalized mean intensities for at least 20 cells were plotted with RStudio (Version 1.1.447). For the statistics, an independent two-group comparison was made for all groups, using a Wilcoxon–Mann–Whitney test. Boxplots showing normalized mean intensity of cytosine modifications in heterochromatin regions are shown in Figure 4A and representative images in Figure 4B.

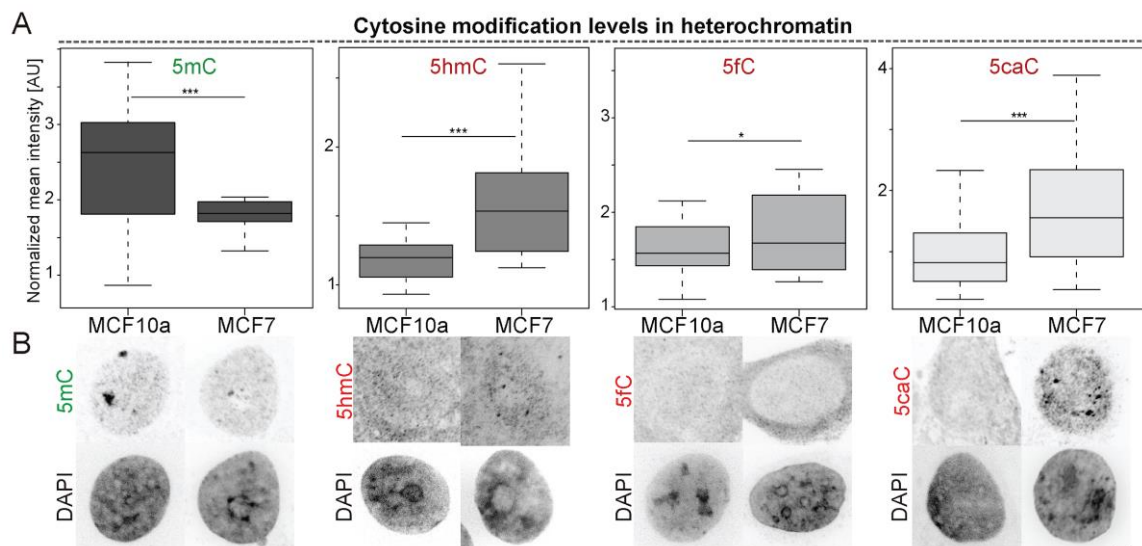


Figure 4. Cytosine modification levels in heterochromatin regions in MCF cell lines. (A) Boxplots showing normalized mean intensities of cytosine modifications in heterochromatin regions. n (5mC) = 28 (MCF10a) - 27 (MCF7), n (5hmC) = 25 (MCF10a) - 24 (MCF7), n (5fC) = 27 (MCF10a) - 19 (MCF7), n (5caC) = 18 (MCF10a) - 19 (MCF7) cells. For all boxplots, the box represents 50% of the data, starting in the first quartile (25%) and ending in the third (75%). The line inside represents the median. The whiskers represent the upper and lower quartile.

Statistical significance was tested with a paired two-samples Wilcoxon test [n.s. (not significant) is given for p-values ≥ 0.05 ; one star (*) for p-values < 0.05 and ≥ 0.005 ; two stars (**) is given for values < 0.005 and ≥ 0.0005 ; three stars (***) is given for values < 0.0005]. (B) Representative confocal mid-Z sections of DAPI-stained nuclei of MCF10a and MCF7 cells showing levels of 5mC and 5hmC, or 5fC or 5caC, respectively. Confocal Z-stacks were analyzed with Fiji. Scale bar = 2 μm .

General notes and troubleshooting

1. Cells are cultured in a humidified atmosphere under 5% CO_2 at 37 $^\circ\text{C}$. Media are supplemented with pen/strep (100 IU/mL penicillin and 100 $\mu\text{g}/\text{mL}$ streptomycin) and 2.5 mM L-glutamine. MCF10a non-tumorigenic mammary gland cells are cultured in DMEM/F12 supplemented with final concentrations of 5% horse serum, 20 ng/mL EGF, 0.5 mg/mL hydrocortisone, 100 ng/mL cholera toxin, and 10 mg/mL insulin. MCF7 breast cancer cells are cultured in DMEM containing 10% FBS.
2. Trypsinization of cells: Aspirate the medium and discard; wash cells with PBS/EDTA 0.02% (w/v), aspirate, and discard; add enough warmed 1 \times trypsin-EDTA solution to cover the cell monolayer and place the dish in a CO_2 incubator at 37 $^\circ\text{C}$ for 2–5 min; once detached, resuspend the cells in growth medium containing serum; gently pipette the cells up and down to disrupt cell clumps and transfer an appropriate amount of cell suspension to a new dish and top up with normal medium.
3. No incubation time is necessary. PBS-T is added and removed from the dish.
4. As a wet chamber, a plastic box of different dimensions can be used. For example, a box of 1.5 cm \times 12 cm \times 12 cm (depth \times width \times height) covered with aluminum foil to protect the sample from light exposure. Soak one extra thick gel-blotting paper (10 cm \times 10 cm) with ddH₂O inside the box and remove excess water. Then, cut a 10 cm piece of parafilm and place it on top of the soaked gel-blotting paper.
5. For washing steps in droplets, lift the coverslips with tweezers, carefully remove the droplet of PBS-T, and add a new one, using a pipette.
6. Image acquisition settings for confocal microscope (Perkin Elmer Spinning Disk/Nikon Ti-E):
Channel 1: TexasRed (Set “Binning” to “x1.” Set “Exposure” to “350 ms.” Set “UltraVIEW 561 nm Laser Power” to “15.0%.”
Channel 2: GFP (Set “Binning” to “x1.” Set “Exposure” to “350 ms.” Set “UltraVIEW 488 nm Laser Power” to “15.0%.”
Channel 3: DAPI (Set “Binning” to “x1.” Set “Exposure” to “350 ms.” Set “UltraVIEW 405 nm Laser Power” to “16.5%.”
7. We recommend measuring the following properties: Area, Standard deviation, Min and max gray values, integrated density, and Mean gray value. However, depending on the image analysis and the user, additional properties can be required, for example Shape descriptors.

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Competing interests

The authors declare no competing interests.

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Supplementary information

The following supporting information can be downloaded at [here](#):

1. File S1.